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**24-25 Lesson Plan Template Teacher: Westside PE Dept. Subject: Flag Football**

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| **Week of:**  **DATE Week 2** | **Monday** | **Tuesday** | **Wed./Thurs.** | **Friday** |
| **TEKS** | 116.64.B.2  116.64.c.1.b | 116.64.C.1  116.64.c.2.c | 116.64.C.2  116.64.c.2.e | 116.64.C.4  116.64.c.2.d |
| **Learning Objective** | SWBAT:  Refine passing and catching skills. | SWBAT: Enhance defensive strategies and techniques. | SWBAT: Develop team offensive strategies and teamwork. | SWBAT: Implement strategies and skills in various game situations. |
| **Higher Order Thinking Questions** | How can you apply the techniques learned for passing and catching to improve performance in a high-pressure situation? | How does the positioning of defenders influence the effectiveness of flag pulling in different offensive formations? | How can team dynamics and communication impact the execution of an offensive strategy? Provide examples from recent practice sessions | Develop a comprehensive offensive game plan for a team with varying skill levels. How does your plan address the strengths and weaknesses of the team? |
| **Agenda** | Advanced Offensive Techniques  Dynamic stretching and light jogging.  Advanced Routes Practice more complex routes and timing.  Offensive Strategy Drills Implement advanced strategies and adjustments.  Stretching and review. | Advanced Defensive Techniques  Agility drills and stretching.  Zone and Man-to-Man Defense (20 mins): Practice different defensive schemes.  Defensive Drills Techniques and game scenarios.  Light stretching and review | Special Teams and Game Situation  Jogging and dynamic stretching.  -Special Teams Drills Focus on kickoffs, punts, and returns (if applicable).  Game Situations Practice common in-game scenarios and decision-making.  Stretching and review. | Review and Final Scrimmage  Light jogging and dynamic stretching.  - review over key concepts, rules, and strategies.  Final Scrimmage Full-length game to assess skills and teamwork.  Cool Down Final stretching and session review. |
| **Demonstration of Learning** | Passing and Catching Drill Set up stations where students demonstrate their ability to accurately pass and catch the ball, both stationary and while moving. | Apply learned skills in game-like scenarios.  Simulate different game scenarios (e.g., last-minute plays, 2-minute drills) to assess how students adapt their strategies under pressure. | Showcase skills and strategies in a competitive format. Ensure each student gets a chance to play different positions to demonstrate their versatility and understanding of the game. | Reflect on performance and provide constructive feedback. |
| **Intervention & Extension** | Team Matches: Divide students into teams and play a series of short games or a mini-tournament. Observe and evaluate their application of skills, strategies, and teamwork. | Self-Assessment: Have students reflect on their own performance, discussing what they learned and areas for improvement. | Peer Feedback: Facilitate a session where students provide and receive feedback from peers on their gameplay, skills, and teamwork. | Instructor Feedback: Provide summary feedback based on observations, highlighting strengths and offering suggestions for further development. |
| **Resources** | Football Tutorials: Offers detailed video guides and tips on playing and coaching flag football. | Flag Football Drills: Provides a variety of drills and practice plans specifically designed for flag football. [Flag Football Drills](<http://www.flagfootballdrills.com/> | Coach's Eye: Useful for video analysis of gameplay and drills. | Hudl Provides tools for video review and analysis, helping players and coaches improve their skills and strategies. |